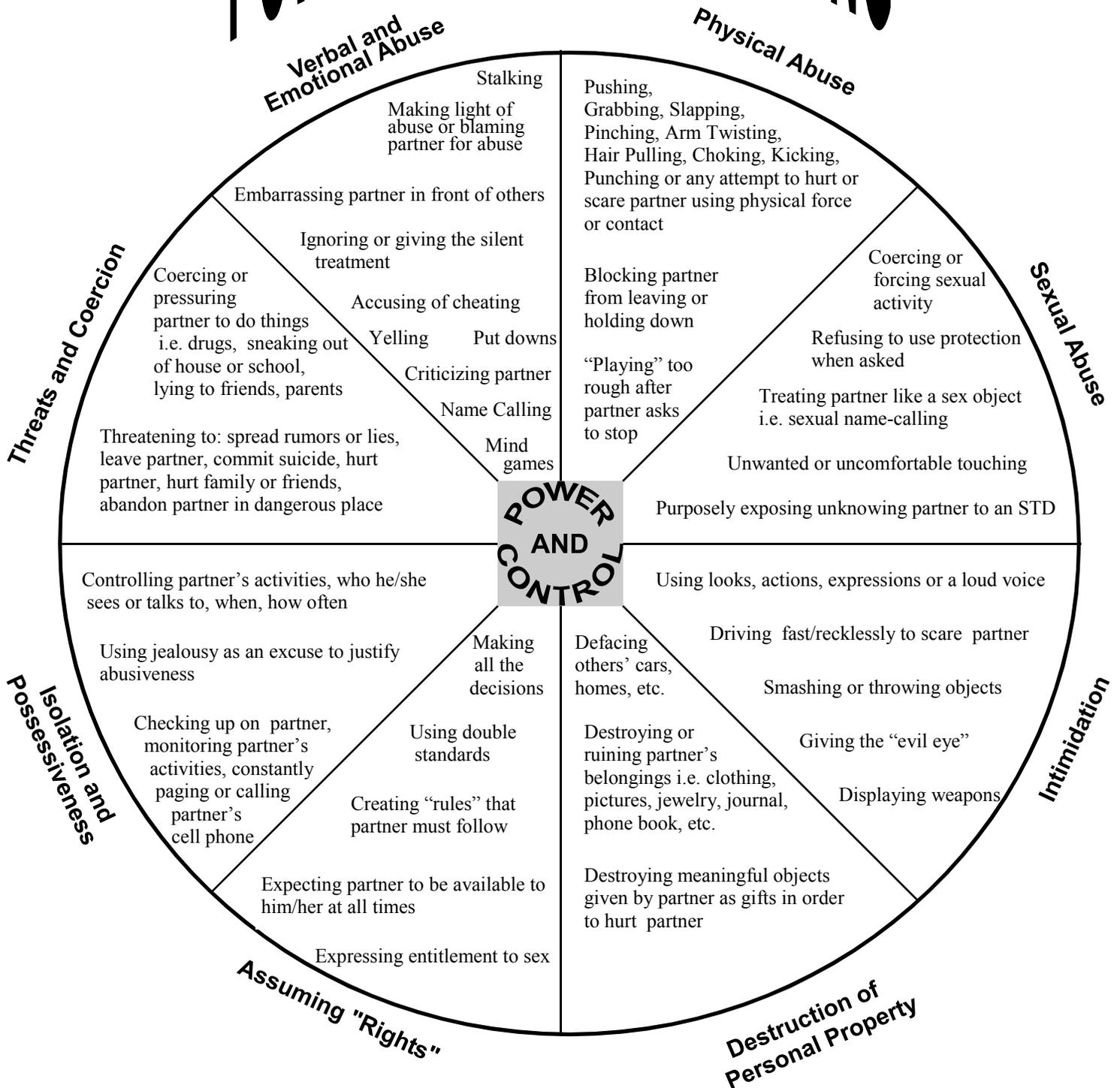


POWER & CONTROL IN DATING



Notice how “Power and Control” are the center of this wheel. This is because any of the behaviors listed in the “spokes” can be used to have power or control over the other person in a relationship. Healthy relationships are based on equality, not power and control.

